

DOMINICAN INTERNATIONAL INSTITUTE

SCHOOL OF HEALTH & MEDICINE

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THERAPEUTIC MASSAGE

Massage Therapists provide services to help restore function, improve mobility, relieve pain and prevent or limit permanent physical disabilities of clients suffering from emotional or physical injuries, traumas or diseases. Massage Therapists engage in examination, evaluation, diagnosis, prognosis, and intervention in an effort to maximize client's physical, mental and emotional states and contribute to an overall sense of well-being.

Michigan has recently joined 38 other states to require a minimum of 500 hours of training for a license as massage therapist. The National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) requires 700 hours.

DII believes that Massage Therapists play an important role in health care and must be trained as such, with a good comprehensive knowledge of human anatomy, physiology, psychology, and a variety of modalities of massage therapies. Students may take the basic program to qualify for licensing and then take additional courses to upgrade their knowledge and NCBTMB certification, which is highly recommended to work as an independent practitioners or for a Physical Therapy Clinic, Hospitals, Outpatient Clinics, Rehabilitation Facilities, Nursing Homes, Hospices, Industrial or Corporate Health Centers, Athletic Facilities, Fitness Centers, Sports Training Facilities, etc.

All programs, including Continuing Education programs are available on-line. Labs & Clinical Training however must be completed at the school. Credits earned can be transferred for training in many other professions e.g. Business, Health Care, Arts, Humanities & Social Sciences or Language & Cultures. New classes start in January, April, July and October. Accelerated programs, credits for previous studies, scholarships, student loans and easy monthly payment facilities are available. Additional, non-credit courses, can be had for \$5.00 per hour, based on availability. Please refer to DII school catalog or contact the Registrar for more information.

CERTIFICATE Trimester 1-4 (1 year) 18 Courses = 525 clock hours Tuition: \$3,380.00	Cost for 8-hours CPR & First Aid <u>mandatory course</u> is included.	DIPLOMA Trimester 1-8 (2-years) 36 Courses = 1,005 clock hours Tuition: \$6,530.00
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Trimester-1		Courses	Hrs	Trimester-5		Courses	Hrs
MED101	Introduction to Healthcare	45		MED102	Human Growth & Development	45	
MED102	Medical Terminology	45		TMT-130	Medical Massage	15	
TMT-101	Introduction to Therapeutic Massage	30		TMT-200	Oncology Massage	5	
TMT-102	Soft Tissue Massage	30		SOC-101	Introduction to Sociology	45	
Trimester-2		Courses	Hrs	Trimester-6		Courses	Hrs
MED105	Human Anatomy & Physiology-1	45		TMT-180	Pregnancy (Prenatal) Massage	5	
TMT-103	Deep Tissue Massage	45		CUL-101	Introduction to Multicultural Studies	45	
TMT-105	Treatment of Head, Body & Feet	30		TMT-106	Ayurvedic Massage	5	
TMT-190	Swedish Massage	30		NMD101	Introduction to Natural Medicine	45	
Trimester-3		Courses	Hrs	Trimester-7		Courses	Hrs
MED205	Human Anatomy & Physiology-2	45		TMT138	Neuromuscular Massage	15	
PSY-101	Introduction to Psychology	45		TMT-127	Maya Abdominal Massage for Women	5	
TMT-107	Baby Massage	15		TMT-128	Maya Abdominal Massage for Men	5	
TMT-110	Geriatrics Massage	15		TMT132	Myofascial Massage	5	
TMT-125	Lymphatic Massage	15		NMD119	Introduction to Myomassology	45	
Trimester-4		Courses	Hrs	Trimester-8		Courses	Hrs
TMT-104	Professional Ethics	5		BUS-101	Introduction to Business	45	
TMT-115	Hot Stone Massage	10		TMT160	Oriental Massage	5	
TMT-140	On-Site Massage	15		BUS104	Writing a Successful Business Plan	45	
TMT-210	Orthopedic Massage	15		BUS210	Selling Your Services	45	
TMT-295	Lab – Practice	45		TMT296	Lab – Practice	55	